

# Community Reinforcement and Family Training (CRAFT)

## Informational Meeting

**Tuesday August 8 at 6 pm**

**Harmony Library, 4616 S Shields St, Fort Collins or Google Meet:**

**<https://meet.google.com/czs-kyvd-xkc>**

**For more information contact Sariah Quist (970) 443-1857**

If possible, please RSVP so we know what size room to reserve. However, please don't let the fact that you didn't RSVP keep you from coming.

CRAFT is an evidence-based program that supports the family members and friends of people struggling with compulsive behaviors, like substance use disorders, gambling, or pornography. This behavior modification program helps accomplish the following goals:

- Reduces substance use
- Increases treatment
- Improves quality of life
- Teaches communication and problem solving skills

Research has shown that seven out of ten family members who participate in the CRAFT program are successful in engaging their loved one into a treatment program.

The program is a 12 week course and has a digital program to complement the groups. However, because CRAFT is also a support group individuals are welcome to attend as long as they would like.

### Other Groups

CRAFTColorado.org

Hit the blue "Find a CRAFT Group and Contact Professionals" button.

### For More Information:

CRAFTColorado.org

[www.loved1support.com](http://www.loved1support.com)



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